

Afrezza Assist® and Patient Trainers



Access and support made easier for you and your patients

The 3-step process for starting AFREZZA®

STEP 1: **Prescribe**

STEP 2: **Coverage**

STEP 3: **Train & Educate**

Indications and Usage:

AFREZZA® (insulin human) Inhalation Powder is a rapid acting inhaled human insulin indicated to improve glycemic control in adult patients with diabetes mellitus.

Limitations of Use: Not recommended for the treatment of diabetic ketoacidosis, not recommended in patients who smoke or have recently stopped smoking.

Important Safety Information

WARNING: RISK OF ACUTE BRONCHOSPASM IN PATIENTS WITH CHRONIC LUNG DISEASE

- Acute bronchospasm has been observed in AFREZZA-treated patients with asthma and COPD.
- AFREZZA is contraindicated in patients with chronic lung disease such as asthma or COPD.
- Before initiating AFREZZA, perform a detailed medical history, physical examination, and spirometry (FEV₁) to identify potential lung disease in all patients.

Contraindications

AFREZZA is contraindicated: during episodes of hypoglycemia, in patients with chronic lung disease (such as asthma or chronic obstructive pulmonary disease [COPD]) because of the risk of acute bronchospasm, and in patients with hypersensitivity to regular human insulin or any of the excipients in AFREZZA.

For Important Safety Information, see pages 10-11.
Full Prescribing Information, including **BOXED WARNING**,
is in the pocket of this piece, or on afrezzahcp.com.

 **afrezza**
(insulin human) Inhalation Powder



STEP
1

Prescribe

The right dose for maximum clinical benefits

Dosing for mealtime

- In clinical trials, by the end of the study, the range of average dose per meal was 12-16 AFREZZA® units¹
- For insulin-naïve individuals, start on 4 units of AFREZZA at each meal²

Scan for help with converting from
injectable insulin units to AFREZZA

or visit <https://afrezzahcp.com/dosing/>



AfrezzaAssist®

STEP
1

Prescribe

Prescription dosing guide

- It may take 1.5-2x of AFREZZA units to achieve a comparable effect to SC RAI^{3,4}

Insulin dose conversion & anticipated dose after titration^{2,4}

Injected mealtime insulin units	Starting AFREZZA units	Anticipated AFREZZA units after titration*
Up to 4	4	4-8
5-8	8	8-12
9-12	12	12-20
13-16	16	16-24
17-20	20	20-32
21-24	24	24-36

*Calculation based on the 1.5-times conversion rate from injectable insulin units.

Mealtime correction doses at 1 and/or 2 hours postmeal⁴

Blood glucose	1 hour	2 hours
≤150 mg/dL	-	-
151-200 mg/dL	4 units	-
≥201 mg/dL	8 units	4 units [†]

[†]2-hour correction used only if BG is ≥201 mg/dL and has not decreased by ≥50 mg/dL between 1 and 2 hours.

Data from the STAT study of patients with T1D with A1C levels 6.5% to 10%. Individuals were randomized to treatment with titrated AFREZZA (n=22) or titrated SC RAI aspart (n=34) and included in the final analysis. All were required to wear a real-time CGM throughout the trial. Patients in the AFREZZA group were advised to take supplemental inhalations at 1 and 2 hours after meals if indicated based on PPG values.⁴

A1C=hemoglobin A1C; BG=blood glucose; CGM=continuous glucose monitor; RAI=rapid-acting insulin; SC=subcutaneous; T1D=type 1 diabetes.

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Streamline patient coverage through 3 easy steps






A Write an AFREZZA® prescription

e-prescribe through your EMR (electronic prescription) or write an AFREZZA prescription (Prescription Intake Form)

Prescription must include quantity, directions for use (total daily dose), days' supply (ie, 30 days), and # of refills

The NDC number ensures prescribing the correct product in EMR

Important prescription information to include

Units per meal	How to write	NDC # and contents of 1 box*
4-16	<ul style="list-style-type: none">Inhale 4-16 units by mouth at mealtime and additional units as needed for glucose controlMax total daily dose: 48 units=1 box; 96 units=2 boxes (360 cartridges); 144 units=3 boxes (540 cartridges)30-day supplyRefills: 12	<p>NDC 47918-0902-18</p>  <p>[60] 4-Unit Cartridges [60] 8-Unit Cartridges [60] 12-Unit Cartridges Total: 180 cartridges</p>
4-12	<ul style="list-style-type: none">Inhale 4-12 units by mouth at mealtime and additional units as needed for glucose controlMax total daily dose: 36 units=1 box; 72 units=2 boxes (360 cartridges); 108 units=3 boxes (540 cartridges)30-day supplyRefills: 12	<p>NDC 47918-0880-18</p>  <p>[90] 4-Unit Cartridges [90] 8-Unit Cartridges Total: 180 cartridges</p>
8-20	<ul style="list-style-type: none">Inhale 8-20 units by mouth at mealtime and additional units as needed for glucose controlMax daily dose: 60 units=1 box; 120 units=2 boxes (360 cartridges); 180 units=3 boxes (540 cartridges)30-day supplyRefills: 12	<p>NDC 47918-0898-18</p>  <p>[90] 8-Unit Cartridges [90] 12-Unit Cartridges Total: 180 cartridges</p>

*Examples shown are the most commonly prescribed boxes. Prescribe additional boxes as needed to control glucose levels. AFREZZA should be dosed based on the patient's metabolic needs. Go to <https://afrezzahcp.com/dosing/> for more information.

B Submit the AFREZZA prescription to:

Sterling Specialty Pharmacy. CloudTop will determine cost and coverage and coordinate fulfillment for the patient.

Sterling Specialty Pharmacy
1312 Northland Drive Ste 500
Mendota Heights, MN 55120

NPI: 1225548480 | **eScribe:** 2433693

Phone: 888-618-4126

Fax: 866-588-0371

Hours: 8:30 AM - 6:30 PM ET

Monitoring lung function (FEV₁) is recommended with AFREZZA and may be required for prior authorization

C Complete the CloudTop prior authorization (PA) and fax to 866-588-0371

AFREZZA QUESTIONNAIRE	
PREScriBER INFORMATION	
First Name:	Last Name: NPI:
Address:	City: State: Zip:
PATIENT INFORMATION	
First Name:	Last Name: DOB:
Address:	City: State: Zip:
CLINICAL INFORMATION	
What is the patient's diagnosis?	
<input type="checkbox"/> Type 1 Diabetes <input type="checkbox"/> Type 2 Diabetes <input type="checkbox"/> Other	
Check ALL alternatives that have been tried and failed. ATTACH MEDICATION LIST	
<input type="checkbox"/> Admelog <input type="checkbox"/> Apidra <input type="checkbox"/> Fiasp <input type="checkbox"/> Humalog <input type="checkbox"/> Humulin	
<input type="checkbox"/> Lysumjev <input type="checkbox"/> Novolin <input type="checkbox"/> Novolog <input type="checkbox"/> Other: _____	
Check ALL the following that apply.	
<input type="checkbox"/> Contraindications to Afrezza have been ruled out	
<input type="checkbox"/> Spirometry (FEV ₁) performed per package insert and patient is a candidate for Afrezza	
<input type="checkbox"/> Type 1 diabetes patient will also receive basal insulin via injection or pump	
In the prescriber's opinion, would alternatives not be as effective for the patient? (Check all below that apply)	
<input type="checkbox"/> The alternative would not be as effective for treating the patient's condition.	
<input type="checkbox"/> Stable on Afrezza medication and changing to alternative would cause adverse effects.	
<input type="checkbox"/> Lipohypertrophy with malabsorption.	
<input type="checkbox"/> Needle phobia.	
<input type="checkbox"/> Gastroparesis.	
<input type="checkbox"/> High risk of Hypoglycemia.	
Please Attach:	
<input type="checkbox"/> Patient Chart Notes	
<input type="checkbox"/> Face Sheet/Patient Demographics	
All information is true and accurate to the best of my knowledge.	
*Authorized Signature: _____ Title: _____	
*Please sign to validate.	
<small>Financial Assistance Attestation: If this prescription is not covered or has a high copayment, I request this patient be evaluated for financial assistance, authorize the release of medical records and patient information for this purpose. I will not seek reimbursement for products provided through any free goods program. Please accept this as documentation as a reasonable attempt to obtain coverage for the prescribed product.</small>	

If a PA is required, CloudTop Health will provide an AFREZZA Prior Authorization Questionnaire via fax or within the CloudTop Portal. Complete the form and attach patient demographics/face sheet and patient chart notes.

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Enhance patient compliance and make care more accessible through



Our goal is to put patients first by minimizing cost barriers through financial support programs. MannKind offers several options to help with the cost of AFREZZA®, depending on the type of insurance coverage your patients have.

Commercial Insurance	Medicare Part D	Cash Option
Pay as little as \$35 per month	Pay as little as \$35 per month	Pay as little as \$3 per day for a 30-day supply ¹
<ul style="list-style-type: none"> Subject to eligibility criteria and maximum benefit limitations Additional cost savings (reduced copay) may be possible when combined with insurance coverage See AFREZZAsavingscard.com for complete program terms and conditions 	<ul style="list-style-type: none"> Assistance is available for eligible patients See medicare.gov/coverage/insulin for complete program terms and conditions 	<ul style="list-style-type: none"> Prescription must be submitted to Sterling Specialty Pharmacy to access this cash pay option

- CloudTop Health will determine cost and coverage for your patients and coordinate fulfillment from Sterling Specialty Pharmacy or through a local pharmacy (if requested).



Navigate the coverage and authorization process through



Phone
844-4MANKND
(844-462-6563)

Fax
866-588-0371

Hours
Monday – Friday, 8:30 AM - 6:30 PM ET

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STEP
3

Train & Educate

Proper training and education is critical for your patients who are new to AFREZZA®, or for current users who may need a refresher training. MannKind offers in-person or virtual training (based on availability) for all patients.

STEP
3

Train & Educate

Empowering your patients at every step of their journey

Our team of experienced, credentialed, certified Patient Trainers and dedicated Support Team are here to help guide your patients

With our guided training, your patients will successfully learn how to **correctly use** and **safely store** their prescribed treatment.

- To get started, fax or email a completed Start Sheet* to our Training Support team
Fax: 866-284-6950 | **Email:** afrezzaatrain@mannkindcorp.com
 - Start Sheets are available from your MannKind Sales Representative or by calling our HCP Resource Support Team at 844-4MANKND
- We will contact your patient to schedule their training session
- A certified trainer will meet with your patient and begin the training
- **Support from our team is ongoing.** Patients can also call our **Training Support Hotline at 877-523-1199** to speak with a certified trainer

For further support and to request additional patient resources, please call your **MannKind Sales Representative** or our **HCP Resources Support Team: 844-4MANKND (844-462-6563)**

References: 1. Data on file. MannKind Corporation. 2. Afrezza (insulin human) Inhalation Powder Prescribing Information. MannKind Corporation. 3. Bode BW, McGill JB, Lorber DL, Gross JL, Chang PC, Bregman DB. Inhaled Technosphere insulin compared with injected prandial insulin in type 1 diabetes: a randomized 24-week trial. *Diabetes Care*. 2015;38(12):2266-2273. 4. Akturk HK, Snell-Bergeon JK, Rewers A, et al. Improved postprandial glucose with inhaled Technosphere insulin compared with insulin aspart in patients with type 1 diabetes on multiple daily injections: the STAT study. *Diabetes Technol Ther*. 2018;20(10):639-647.

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WARNING: RISK OF ACUTE BRONCHOSPASM IN PATIENTS WITH CHRONIC LUNG DISEASE

- **Acute bronchospasm has been observed in AFREZZA-treated patients with asthma and COPD.**
- **AFREZZA is contraindicated in patients with chronic lung disease such as asthma or COPD.**
- **Before initiating AFREZZA, perform a detailed medical history, physical examination, and spirometry (FEV₁) to identify potential lung disease in all patients.**

Contraindications

AFREZZA is contraindicated: during episodes of hypoglycemia, in patients with chronic lung disease (such as asthma or chronic obstructive pulmonary disease [COPD]) because of the risk of acute bronchospasm, and in patients with hypersensitivity to regular human insulin or any of the excipients in AFREZZA.

Warnings and Precautions

Acute Bronchospasm: In a study of patients with asthma whose bronchodilators were temporarily withheld for assessment, bronchoconstriction and wheezing following AFREZZA dosing was reported. Before initiating therapy, evaluate all patients with a medical history, physical examination, and spirometry (FEV₁) to identify potential underlying lung disease. Do not use in patients with chronic lung disease such as asthma or COPD.

Hypoglycemia or Hyperglycemia with Changes in Insulin Regimen: Glucose monitoring is essential for patients receiving insulin therapy. Changes in insulin strength, manufacturer, type, or method of administration may affect glycemic control and predispose to hypoglycemia or hyperglycemia. These changes should be made under close medical supervision and the frequency of blood glucose monitoring should be increased. For patients with type 2 diabetes, dosage modifications of concomitant oral antidiabetic treatment may be needed.

Hypoglycemia: Hypoglycemia is the most common adverse reaction associated with insulins, including AFREZZA. Severe hypoglycemia can cause seizures, may be life-threatening, or cause death. Hypoglycemia can impair concentration ability and reaction time; this may place an individual and others at risk in situations where these abilities are important (e.g., driving or operating other machinery). Hypoglycemia can happen suddenly, and symptoms may differ across patients and change over time in the same patient. Patients and caregivers should be educated to recognize and manage hypoglycemia. Self-monitoring of blood glucose plays an essential role in the prevention and management of hypoglycemia.

Decline in Pulmonary Function: AFREZZA causes a decline in lung pulmonary function over time as measured by FEV₁. In clinical trials excluding patients with chronic lung disease and lasting up to 2 years, AFREZZA-treated patients experienced a small (40 mL) but greater FEV₁ decline than

comparator-treated patients. Assess pulmonary function with spirometry at baseline, after the first 6 months of therapy and annually thereafter even in the absence of pulmonary symptoms. In patients who have a decline of $\geq 20\%$ in FEV₁ from baseline, consider discontinuing AFREZZA. Consider more frequent lung function assessment in patients with pulmonary symptoms, e.g., wheezing, bronchospasm, breathing difficulties, or persistent or recurring cough. If symptoms persist, discontinue AFREZZA.

Lung Cancer: In clinical trials, 2 cases of lung cancer were observed in patients exposed to AFREZZA while no cases were reported for the comparators. In both cases, a prior history of heavy tobacco use was identified as a risk factor for lung cancer. Two additional cases of lung cancer (squamous cell and lung blastoma) were reported in non-smokers exposed to AFREZZA after the trial completion. These data are insufficient to determine whether AFREZZA has an effect on lung or respiratory tract tumors. In patients with active lung cancer, a prior history of lung cancer, or in patients at risk of lung cancer, consider whether the benefits of AFREZZA use outweigh this potential risk.

Diabetic Ketoacidosis (DKA): In clinical trials enrolling patients with type 1 diabetes, diabetic ketoacidosis (DKA) was more common in AFREZZA-treated patients (0.43%; n=13) than in comparator-treated patients (0.14%; n=3). Patients with type 1 diabetes should always use AFREZZA in combination with basal insulin. In patients at risk for DKA, such as those with an acute illness or infection, increase the frequency of glucose monitoring and consider discontinuing AFREZZA and giving insulin using an alternate route of administration.

Hypersensitivity Reactions: Severe, life-threatening, generalized allergy, including anaphylaxis, can occur with insulin products, including AFREZZA. If hypersensitivity reactions occur, discontinue AFREZZA, treat per standard of care and monitor until symptoms and signs resolve.

Hypokalemia: All insulin products, including AFREZZA, cause a shift in potassium from the extracellular to intracellular space, possibly leading to hypokalemia. Untreated hypokalemia may cause respiratory paralysis, ventricular arrhythmia, and death. Closely monitor potassium levels in patients at risk of hypokalemia and treat if indicated.

Fluid Retention and Heart Failure with Concomitant Use of Thiazolidinediones (TZDs):

Fluid retention, which may lead to or exacerbate heart failure, can occur with concomitant use of TZDs and insulin. Observe these patients for signs and symptoms of heart failure. If heart failure develops, it should be managed according to current standards of care, and discontinuation or dose reduction of the TZD should be considered.

Drug Interactions

Certain drugs may affect glucose metabolism, increasing the risk of hypoglycemia or decreasing or increasing the blood glucose lowering effect of AFREZZA. Dose adjustment and increased frequency of blood glucose monitoring may be required. Co-administration of beta-blockers, clonidine, guanethidine, and reserpine with AFREZZA may reduce the signs and symptoms of hypoglycemia. For full list, see Prescribing Information.

Adverse Reactions

The most common adverse reactions associated with AFREZZA are hypoglycemia, cough, and throat pain or irritation.

To report SUSPECTED ADVERSE REACTIONS, contact MannKind Corporation at 1-877-323-8505 or FDA at www.fda.gov/medwatch or call 1-800-FDA-1088 (1-800-332-1088).



Patient access to AFREZZA begins with you

STEP
1

Prescribe

Prescribing the right dose of AFREZZA® for maximum clinical benefits

STEP
2

Coverage

Coverage in 3 easy steps:

- Write the AFREZZA prescription
- Submit the prescription
- Complete the PA

STEP
3

Train & Educate

- Schedule a certified AFREZZA trainer for patient training support and fax start sheet
- Request additional patient resources

mannkindCares[®]

Offers

AfrezzaAssist[®]

and Patient Trainers

Patient Training & Support Hotline

Phone (direct line) **877-523-1199**

Hours **Monday – Friday, 8:30 AM - 6:30 PM ET**

Phone

844-4MANKND
(844-462-6563)

Fax

866-588-0371

Hours

Monday – Friday, 8:30 AM - 6:30 PM ET

Sterling Specialty Pharmacy

Phone

888-618-4126

Fax

866-588-0371

Hours

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